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**INCLUSIVE TENNIS IN AVON**

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| CLUB | ACTIVITY | WHEN | COST | CONTACT |
| Almondsbury & Bradley Stoke  BS32 4AA | Walking Tennis | Tuesdays 11am – 12pm | Members £3  Non-members £5 | Toby Huddlestone  thtenniscoach@gmail.com |
| Bristol Central Tennis Club  BS7 9AQ | Walking Tennis | Saturday 11am – 12pm | £4  First session free | bctcmembers@gmail.com |
| Bristol University Tennis  BS9 2BJ | The wheely Good Tennis Club | Saturday 1 – 2pm |  | Andy.trott@bristol.ac.uk |
| Cotham Park Tennis Club  BS6 6AG | Ability Tennis | Thursday 2 – 3pm | £5 | Helen  Helenabbott19@gmail.com |
| Congresbury Tennis Club  BS49 5DW | Walking Tennis | Wednesday 12.30 – 1.30pm | £5 | Tom Smith  congresburyltc@hotmail.com |
| David Lloyd Long Ashton  BS3 2HB | Acez Tennis – Neurodiversity & Learning Disability Tennis | Thursday  4.15 – 5pm age 5-8  5.15 – 6pm age 9-16 |  | Dave Gibbon racquets.bristollongashton@davidlloyd.co.uk |
| Downend & Frenchay Tennis Club  BS16 1QQ | Inclusive Tennis Activities in collaboration with Headway | (Summer only) |  | pennydftc@~gmail.com |
| Greville Smythe Tennis Club  BS3 2EA | Walking Tennis | Thursday 10am | FREE | https://www.grevillesmythtennis.co.uk/walking-tennis-bedminster |
| Henleaze Tennis Club  BS6 7XH | Walking Tennis | Monday afternoons  Wednesday 9.15 – 10.15am |  | Heatherforrest14@gmail.com |
| Kings Tennis Club  BS7 8JG | Inclusive Tennis Activities | check website for details |  | Ellytennis.kings@hotmail.com |
| Pensford Tennis Club  BS39 4HW | Walking Tennis | Thursday 10.45 – 11.45am | £6 | pensfordtc@gmail.com |
| Redcatch Park (Wesport)  BS4 2RD | Disability Inclusive Tennis | Saturday 12.30 – 1.30pm | FREE | Matthew Thompson  [tennis@wesport.org.uk](mailto:tennis@wesport.org.uk)  01173286250 |
| Saltford Tennis Club  BS31 3BY | Walking Tennis | Wednesday & Thursday  10 – 10.45am |  | agraytenniscoaching@gmail.com |
| People with Parkinsons Walking Tennis | Thursday 10 – 10.45am |  |
| Inclusive Tennis | Saturday 1 – 1.45pm |  |
| Sodbury Tennis Club  BS37 6PQ | Walking Tennis | Monday 2.30 – 3.30pm  Thursday 10 – 11am | £3 | sodburytennisclub@hotmail.co.uk |
| Acez Inclusive Tennis | Monday 5 – 6pm |  |
| Adult Inclusive Tennis | Thursday 11am – 12pm | £3 |
| Winterbourne Tennis Club  BS36 1LU | Walking Tennis | Friday 11 – 11.45am | £3 | rachelcockcroft@outlook.com |
| Writhlington Tennis Centre  BA3 3NQ | Walking Tennis | Friday 11am – 12pm | £5 | https://www.dragonflyleisure.co.uk/activities/tennis/ |
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